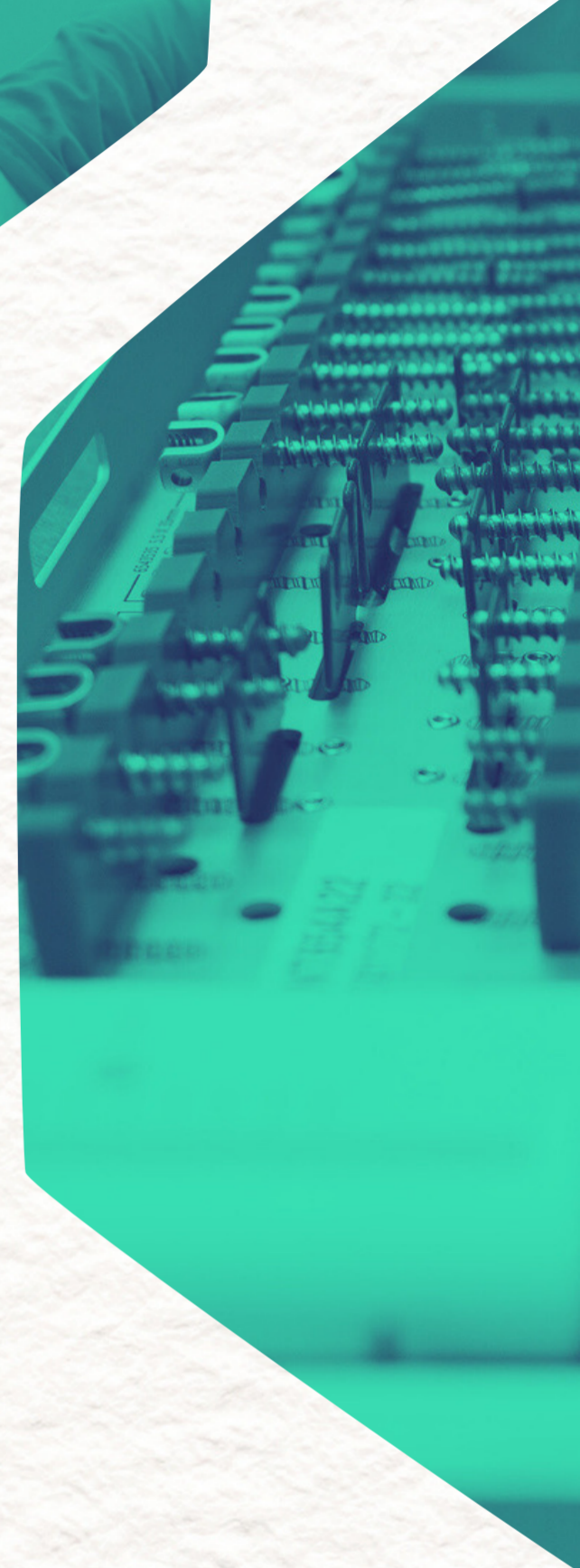


Continuing Medical Education



CELEBRATING



# Southeastern Fracture Consortium

## Annual Symposium 2025

Elevate your Orthopaedic Trauma Expertise.

January 30-February 1, 2025

The Carolina Inn, Chapel Hill N.C



Southeastern  
Fracture  
Consortium



THE CAROLINA INN  
EST. 1924



# ABOUT THE CONFERENCE

## Symposium Overview

The Southeastern Fracture Symposium is a CME-accredited event specifically tailored for orthopaedic trauma professionals. Renowned leaders in orthopaedic trauma gather to share their expertise, present challenging cases, and discuss the latest advancements in fracture care. Small group settings ensure personalized interactions and meaningful discussions amongst faculty and attendees. Ample time is provided for attendees to meet and socialize with exhibitors throughout the conference, getting first-hand knowledge about innovation in the industry. The annual symposium is accredited by the ACCME to provide continuing medical education for physicians. This event provides the opportunity to earn AMA PRA Category 1 Credit(s)™.

## Who we are

The Southeastern Fracture Consortium (SEFC) is a dynamic non-profit foundation with a rich history of improving the multidisciplinary treatment of orthopaedic trauma patients in the southeastern United States and beyond. SEFC provides forums for skilled orthopaedic surgeons, researchers, and allied health professionals to come together and unlock endless possibilities in orthopaedic trauma. SEFC is a foundation with multi-disciplinary members from leading hospitals and universities across the United States.



# Who Attends

The Southeastern Fracture Symposium is the meeting of choice for orthopaedic surgeons and allied health professionals. We have a collaborative approach to provide research and education opportunities for surgeons, fellows, residents, physician assistants, nurses, and other members of the care team, as well as dedicated research teams. SEFC provides continuing medical education, research collaboration, and opportunities to foster networking to those individuals who are on the forefront of orthopaedic trauma.

Many of **our attendees are:**



**Transform** your approach to **patient care**.

**Implement change** in your practice.

**Expand** your **knowledge**.

You're in the **RIGHT** place.





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# SEFS 2025

The Carolina Inn, Chapel Hill, NC

## HIGH LEVEL AGENDA

### Thursday

**3:00 – 9:00 PM: Registration/Exhibit Set-up**

**6:30 – 10:00 PM: Annual SEFC Research Dinner**

### Friday

**7:00 AM – 7:15 PM: Exhibits & Posters Open**

**8:00 AM – 7:15 PM: General Session**

**7:30 PM: Faculty Dinner (By Invitation Only)**

### Saturday

**7:00 AM – 1:00 PM: Exhibits & Posters Open**

**8:00 AM – 1:00 PM: General Session**

**1:00 PM – 1:30 PM: Exhibit & Poster Breakdown**



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Fracture  
Consortium



# Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AAOS and the Southeastern Fracture Consortium. AAOS is accredited by the ACCME to provide continuing medical education for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The American Academy of Orthopaedic Surgeons designates the 2025 Southeastern Fracture Symposium, January 31 - February 1, 2025 in Chapel Hill, NC (live activity) for AMA PRA Category 1 Credits™.

# Membership

The Southeastern Fracture Consortium is dedicated to expanding its membership and enhancing member benefits. Here are some benefits we offer:



**Enjoy exclusive benefits such as discounts for the next annual conference and access to member-only content.**



**Build relationships and collaborate with leaders in OrthoTrauma.**



**Participate in high-level multi-center research programs and contribute to Orthopaedic Trauma research.**



**Receive exclusive invitations to serve as faculty members and explore organizational leadership opportunities.**

We encourage you to share the value of our annual conference with your colleagues. We're committed to fostering a thriving community and welcome member suggestions to advance our mission.



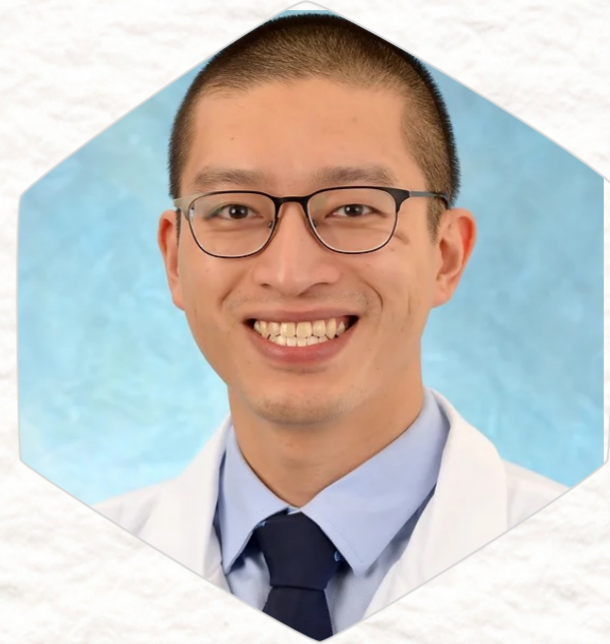
**PLANNING  
COMMITTEE**

# SEFS 2025

## Planning Committee



**Jason Halvorson, MD**  
Program Chair



**Andrew Chen, MD**  
Assistant Program Chair;  
Local Host



**David Weiss, MD**  
President



**Lisa Cannada, MD**  
President Elect;  
Research Co-Chair



**Joseph Hsu, MD**  
Research Co-Chair



**Scott Broderick, MD**  
Planning  
Committee Advisor



**Lauren Kulp, Esq. LCSW**  
Co-Executive Director



**Ashlyn Zebrowski, MS**  
Co-Executive Director



# AGENDA THURSDAY

# AGENDA

## Thursday January 30, 2025

3:00-9:00 PM	<b>Registration Open, Exhibitor &amp; Poster Setup</b>
4:00-5:30 PM	<b>2025 Board of Directors &amp; 2026 SEFS Planning Meeting:</b> <i>Board of Directors &amp; 2026 Planning Committee</i> <small>BY INVITATION ONLY</small> 
5:30-6:30 PM	<b>Welcome Reception</b> 
6:30-10:00 PM	<b>Annual SEFC Research Session &amp; Dinner:</b> <b>Moderator:</b> Joe Hsu, Lisa Cannada <i>Open to all active SEFC Members &amp; those with Research Updates / New Study Hypotheses</i> <small>BY INVITATION ONLY</small>
6:30-6:45 PM	<b>SEFC General Membership Meeting:</b> <b>Moderator:</b> David Weiss / Lauren Kulp / Ashlyn Zebrowski 
6:45-7:45 PM	Outcomes and Analysis of Active SEFC Multi-Center Studies
7:45-8:45 PM	New SEFC Multi-Center Proposals and Presentations of Executive Summaries
8:45-10:00 PM	Faculty Interesting / Challenging Cases:  <i>Join our Challenging Cases discussion where attendees are invited to share their experiences and challenges inside and outside of the operating room. This session aims to provide valuable insights and opportunities to talk in an intimate setting. Attendees who are interested in participating are asked to bring their most challenging or complex case to share during this open forum. The best case wins a prize!</i>



# AGENDA FRIDAY

# AGENDA

## Friday January 31, 2025

7:00 AM-7:15 PM	<b>Registration, Exhibitors, &amp; Posters Open</b>
7:00-8:00 AM	<b>Poster Setup</b>
7:00-8:00 AM	<b>Breakfast in Exhibit Hall</b>
8:00 AM-7:15 PM	<b>GENERAL SESSION</b>
8:00-8:15 AM	<b>Welcome &amp; Introduction from Local Host</b> <b>Moderator:</b> Jason Halvorson, Andrew Chen
8:15-9:15 AM	<b>Session 1 - Rapid Fire Case Discussions I</b> <b>Moderator:</b> Scott Broderick <b>Speakers:</b> Daryl Dillman, Colin Crickard, Trent Stevens, Sharon Babcock
9:15-10:45 AM	<b>Session 2 - Shoulder and Upper Extremities</b> <b>Moderator:</b> David Weiss
9:15-9:30 AM	Clavicle Fractures: Wait, we never fixed, then we fixed? Now what do I do? <b>Speaker:</b> Jodi Siegel
9:30-9:45 AM	Humerus Fractures: Is functional bracing still the gold standard? If not, what is? <b>Speaker:</b> Michael Hadeed
9:45-10:00 AM	Advancements in Proximal Humerus Fracture Management <b>Speaker:</b> Lauren Tatman
10:00-10:15 AM	Terrible Triad Injuries: Perils and Pearls <b>Speaker:</b> John Floyd
10:15-10:45 AM	Debate: How do you actually fix a distal radius? To plate or not to plate. <b>Speaker:</b> Viviana Sierra-Lopez, Paulvalery (Paul) Roulette
10:30-10:45 AM	Q&A Discussion
10:45-11:00 AM	Break in Exhibit hall; Mid-Morning Snacks Sponsored by  MYO1®





# AGENDA FRIDAY

# AGENDA

## Friday January 31, 2025

11:00 AM- 12:00 PM	<b>Session 3 - Hands-on Skills Lab &amp; Concurrent Breakouts</b> <i>Spend time practicing surgical techniques, learning about innovation in Ortho-Trauma, or with specialized breakout peer groups on top-requested topics.</i> 
Research Workshop	<b>North 1:</b> Resources for building a study to answer a clinical question <b>Moderator:</b> Stephanie Tanner, Christine Churchill
APP/PA Programming	<b>North 2:</b> APP/PA Session <b>Moderator:</b> Kat Battle, Jennifer Dye, Stacey Rothwell
Skills Labs	<b>Club Room:</b> The Foot and Ankle: Plating and Fixation <sup>1</sup> <b>Moderator:</b> To be confirmed
	<b>Alumni Room:</b> Large and Periprosthetic Plating <sup>2</sup> <b>Moderator:</b> Mike Frisch
	<b>South Parlor Room:</b> Using Technology in MIS Fracture Repair <sup>3</sup> <b>Moderator:</b> Jason Halvorson
	<b>North Parlor Room:</b> Innovations in Geriatric Pelvic Fractures <sup>4</sup> <b>Moderator:</b> Russell Norris
12:00-1:00 PM	<b>Session 4 - Working Lunch with Concurrent Sessions</b> <i>Spend lunch time in a round table format discussing best practices and learning from peers based on your role or level of practice progression.</i> 
	Resident and Student Focused <b>Moderator:</b> Larry Kempton, Andrew Chen
	Early Practice Tips / Tricks / Mistakes <b>Moderator:</b> Erin Hofer, Matt Stillwagon
	Mid-Career Advice and Practice Management <b>Moderator:</b> Michael Tucker
	End of Career Planning <b>Moderator:</b> Langdon Hartsock, Robert Ostrum
	Research Staff <b>Moderator:</b> Stephanie Tanner, Christine Churchill
	APP/PA Focused <b>Moderator:</b> Freda Yin, Michelle Tidd, Anne Lake





# AGENDA FRIDAY

# AGENDA

## Friday January 31, 2025

<b>Session 5- Lower Extremities</b>		
1:00-3:00 PM	<i>Practicing surgeons share surgical experiences and strategies for treating lower extremities.</i> <b>Moderator:</b> Kevin Corman	
1:15-1:30 PM	The young femoral neck fracture: Updates on treatment, implants, and strategy <b>Speaker:</b> Chris Bray	
1:30-1:45 PM	How to survive the pertrochanteric and subtrochanteric femur fracture <b>Speaker:</b> Sarah Pierrie	
1:45-2:00 PM	Patella fractures: Just a couple cannulated screws and tension band, right? <b>Speaker:</b> Greg Della Rocca	
2:00-2:30 PM	Debate: Fix vs fuse for ankle fractures? When and how? <b>Speaker:</b> Seth Yarboro, Daniel Cunningham	
2:30-2:45 PM	Lisfranc Fracture: Know when to Fix'em, Know when to fuse'em, know when to walk away, know when to run <b>Speaker:</b> Michael Talerico	
2:45-3:00 PM	Q&A Discussion	
3:00-3:15 PM	Break in Exhibit Hall; Afternoon Snack Sponsored By <b>stryker</b>	
<b>Session 6- Polytrauma</b>		
3:15-3:30 PM	Two fractures, one bone? How do I prioritize? <b>Speaker:</b> Jenny Bruggers	
3:30-3:45 PM	Fracture Healing and the Traumatized Patient <b>Speaker:</b> Kevin Phelps	
3:45-4:15 PM	Polytrauma Debate: Limb Salvage vs. Amputation <b>Speaker:</b> James Blair, Joe Hsu	



# AGENDA FRIDAY

# AGENDA

## Friday January 31, 2025

4:15-4:30 PM	Responsible Pain Management in the Opioid Epidemic Era <b>Speaker:</b> Russell Norris	
4:30-4:45 PM	Advancements in Wound Care and Infection / Complication Prevention <b>Speaker:</b> Paul Matuszewski	
4:45-5:00 PM	Q&A Discussion	
<hr/>		
5:00-6:00 PM	<b>Session 7- Highlighting Research</b> <b>Moderator:</b> Lisa Cannada	
5:00-5:15 PM	How do I start a research program? From registries to multi-center studies and beyond <b>Moderators:</b> Stephanie Tanner, Christine Churchill	
5:15 – 6:00 PM	Innovative Research: Podium Presentation Competition <b>Presenters</b> to be announced	
<hr/>		
<b>Session 8- Research Poster Session Tour</b>		
Sponsored by: 		
6:00 – 7:15 PM	Meet the future of Ortho-Trauma – Join the poster tour led by our SEFS Research Committee. Posters showcase cutting-edge research in orthopaedic trauma. <b>Moderators:</b> Joe Hsu, Jarrod Dumpe	
6:00 – 7:15 PM	Happy Hour Drinks & Appetizers	
7:30 – 10:00 PM	Faculty Dinner	
		BY INVITATION ONLY



# AGENDA SATURDAY

# AGENDA

## Saturday February 1, 2025

7:00 AM-7:15 PM	Registration, Exhibitors, & Posters Open
7:00-8:00 AM	Breakfast in Exhibit Hall
8:00 AM-1:00 PM	GENERAL SESSION
8:00-9:00 AM	<p><b>Session 9 - Rapid Fire Case Discussions II</b></p> <p><b>Moderator:</b> Scott Broderick</p> <p><b>Speakers:</b> Matt Stillwagon, Ben Kelley JD Adams, Jenny Bruggers</p> 
9:00-10:45 AM	<p><b>Session 10 - The Hard Ones</b></p> <p><b>Moderator:</b> James Kellam</p> <p><i>Join experts as they discuss and debate the most challenging orthopaedic trauma cases, sharing essential tips and strategies for managing complex fractures and complications.</i></p> 
9:00-9:15 AM	<p>Nonunion: Why won't this darn thing heal? I give up.</p> <p><b>Speaker:</b> David Weiss</p>
9:15-9:45 AM	<p>Debate: Supracondylar Femur - Nail vs. Plate</p> <p><b>Speaker:</b> Suman Medda, Malcolm DeBaun</p>
9:45-10:00 AM	<p>Malunion in Long Bones</p> <p><b>Speaker:</b> Jarrod Dumpe</p>
10:00-10:30 AM	<p>Debate: Tibial plateau - Nail vs. Plate</p> <p><b>Speaker:</b> Larry Kempton, Mike Frisch</p>
10:30-10:45 AM	Q&A Discussion
10:45-11:00 AM	Break in Exhibit hall; Mid-Morning Snacks



# AGENDA SATURDAY

# AGENDA

## Saturday February 1, 2025

11:00 AM- 12:15 PM	<b>Session 11 - Rapid Fire Ortho Trauma Potpourri</b> <b>Moderator:</b> Bill Obremskey <i>This session explores staying updated in orthopaedics, building a practice, promoting global health, and achieving balance.</i>	
11:00-11:10 AM	Remaining in Touch with the Vast Literature in Orthopaedics <b>Speaker:</b> Kristoff Reid	
11:10-11:20 AM	Starting (and Building) a Trauma Practice in the Private Setting <b>Speaker:</b> Chris Parks	
11:20-11:40 AM	Bone Health and Osteoporosis <b>Speaker:</b> Stacy Rothwell, Anne Lake, Sharon Babcock	
11:40-11:50 AM	Hurricane Helene: Lessons Learned from a Generational Natural Disaster <b>Speaker:</b> Michael LeCroy	
11:50-12:00 PM	How to Find (and Maintain) Balance <b>Speaker:</b> Lisa Cannada	
12:00-12:15 PM	Q&A Discussion	
12:15-12:30 PM	Closing Remarks <b>Moderator:</b> Jason Halvorson, Andrew Chen, David Weiss, Lisa Cannada Lauren Kulp, Ashlyn Zebrowski	



# Institutions Represented



Duke Medicine



Spartanburg Regional Healthcare System



VIDANT HEALTH





# Exhibitors





# 2025 Sponsors, Donations, and Grants

## SPONSORS

The Southeastern Fracture Consortium gratefully acknowledges 2024 Sponsors, Research, and Education Donors. The continued success of SEFC is dependent upon support from our sponsors and contributors. SEFC expresses sincere appreciation for the generous support.



## IN-KIND PRODUCT DONATIONS

The following companies have provided in-kind product donations to support the hands-on skills labs:

1. Arthrex represented by TriCoast Surgical
2. Smith & Nephew
3. IlluminOss
4. CurvaFix

## EDUCATIONAL GRANTS

Funding for the 2025 Southeastern Fracture Symposium was supported by educational grants from Zimmer Biomet and Acumed.





# 2025 Financial Disclosures

# PLANNING COMMITTEE

All relevant financial disclosures have been mitigated.

**Jason J Halvorson, MD, FAAOS (Winston Salem, NC)**

Submitted on: 11/28/2023

AO North America: Other financial or material support

Smith & Nephew: Paid consultant

Stryker: Paid consultant

**Andrew Chen, MD, MPH (Chapel Hill, NC)**

(This individual reported nothing to disclose); Submitted on: 04/09/2024

**David B Weiss, MD, FAAOS (Charlottesville, VA)**

Submitted on: 10/20/2023

AAOS: Board or committee member

Citiefefe: Paid consultant

Globus Medical: IP royalties; Paid consultant

Orthofix, Inc.: Paid consultant

Orthopaedic Trauma Association: Board or committee member

Saunders/Mosby-Elsevier: Publishing royalties, financial or material support

Synthes: Paid consultant

**Lisa K Cannada, MD, FAAOS**

Submitted on: 04/03/2024

Association of Women's Surgeons: Board or committee member

Journal of Bone and Joint Surgery - British: Editorial or governing board

Journal of Orthopaedic EXperience & Innovation: Editorial or governing board

Orthopaedic Trauma Association: Board or committee member

Orthopedics: Editorial or governing board

Ruth Jackson Orthopaedic Society: Board or committee member

Southeast Fracture consortium: Board or committee member

Speak Up Ortho: Board or committee member

Wolters Kluwer Health - Lippincott Williams & Wilkins: Editorial or governing board

**Joseph R Hsu, MD, FAAOS**

Submitted on: 05/06/2024

Austin Medical: Paid consultant

Smith & Nephew: IP royalties; Paid consultant; Paid presenter or speaker

Stryker: IP royalties; Paid consultant; Paid presenter or speaker

**John Scott Broderick, MD, FAAOS (Spartanburg, SC)**

Submitted on: 10/20/2023

AONA: Paid presenter or speaker

**Jarrold Edward Dumpe, MD, FAAOS**

Submitted on: 04/17/2024

Bonesupport: Paid presenter or speaker

Orthopaedic Trauma Association: Board or committee member

**Lauren E. Kulp (Chapel Hill, NC)**

Submitted on: 10/9/2024

Southeastern Fracture Consortium Foundation; Type: Employment

**Ashlyn Zebrowski (Chapel Hill, NC)**

Submitted on: 06/10/2024

Southeastern Fracture Consortium Foundation: Board or committee member





# 2025 Financial Disclosures

## Faculty

All relevant financial disclosures have been mitigated.

**John David Adams Jr, MD, FAAOS**

Submitted on: 04/08/2024

AAOS: Board or committee member

Arthrex, Inc: IP royalties; Paid consultant; Research support

Smith & Nephew: Paid presenter or speaker

**Sharon N Babcock, MD, FAAOS**

Submitted on: 04/09/2024

Smith & Nephew: Paid consultant

**Kathryn Battle, PA**

(This individual reported nothing to disclose; non-AAOS PA); Submitted on: 06/10/2024

**James Alan Blair, MD, FAAOS, FACS (Atlanta, GA)**

Submitted on: 04/02/2024

IlluminOss Medical, Inc.: Paid presenter or speaker

Integra: Paid consultant

Nuvasive: Paid consultant

Orthopaedic Trauma Association: Board or committee member

Smith & Nephew: Paid consultant; Research support

Stryker: Paid consultant; Research support

Synthes: Paid consultant

**John Scott Broderick, MD, FAAOS (Spartanburg, SC)**

Submitted on: 10/20/2023

AONA: Paid presenter or speaker

**Jennifer L Bruggers, MD, FAAOS**

Submitted on: 11/17/2023

Biocomposites: Paid consultant

Johnson & Johnson: Paid consultant; Paid presenter or speaker

**Lisa K Cannada, MD, FAAOS**

Submitted on: 04/03/2024

Association of Women's Surgeons: Board or committee member

Journal of Bone and Joint Surgery - British: Editorial or governing board

Journal of Orthopaedic EXperience & Innovation: Editorial or governing board

Orthopaedic Trauma Association: Board or committee member

Orthopedics: Editorial or governing board

Ruth Jackson Orthopaedic Society: Board or committee member

Southeast Fracture consortium: Board or committee member

Speak Up Ortho: Board or committee member

Wolters Kluwer Health - Lippincott Williams & Wilkins: Editorial or governing boardz

**Andrew Chen, MD, MPH (Chapel Hill, NC)**

(This individual reported nothing to disclose); Submitted on: 04/09/2024





# 2025 Financial Disclosures

## Faculty

All relevant financial disclosures have been mitigated.

### **Christine Churchill, MA (Charlotte, NC)**

(This individual reported nothing to disclose); Submitted on: 06/03/2024

### **Colin Victor Crickard, MD (Portsmouth, VA)**

(This individual reported nothing to disclose); Submitted on: 12/13/2023

### **Malcolm DeBaun, MD**

Submitted on: 04/21/2024

Azra Care: Stock or stock Options

DePuy, A Johnson & Johnson Company: Research support

Next Science: Paid consultant; Research support

NSite: Stock or stock Options

Orthopaedic Trauma Association: Board or committee member

Osteocentric: IP royalties; Paid consultant

Resolute: IP royalties; Paid consultant; Stock or stock Options

Shukla: IP royalties; Paid consultant

SI Bone: Paid consultant; Paid presenter or speaker

Synthes: Paid consultant; Paid presenter or speaker

Wolters Kluwer Health - Lippincott Williams & Wilkins: Publishing royalties, financial or material support

### **Gregory John Della Rocca, MD, PhD, MBA, FAAOS, FACS (Columbia, MO)**

Submitted on: 03/06/2024

AAOS: Board or committee member

American College of Surgeons: Board or committee member

American Orthopaedic Association: Board or committee member

Association of Bone and Joint Surgeons: Board or committee member

BioPoly: Unpaid consultant

Geriatric Orthopaedic Surgery and Rehabilitation: Editorial or governing board

Invibio: Unpaid consultant

Journal of Orthopaedic Trauma: Editorial or governing board

Orthopaedic Trauma Association: Board or committee member

Stryker: IP royalties

### **Daryl Dillman, MD, FAAOS**

(This individual reported nothing to disclose); Submitted on: 06/17/2024

### **Jarroed Edward Dumpe, MD, FAAOS**

Submitted on: 04/17/2024

Bonesupport: Paid presenter or speaker

Orthopaedic Trauma Association: Board or committee member

### **Jennifer Dye, PA**

(This individual reported nothing to disclose; non-AAOS PA); Submitted on: 06/10/2024

### **John Calhoun Peterson Floyd, MD, FAAOS, FACS**

Submitted on: 06/23/2023

Bongiovi Medical: Stock or stock Options

Johnson & Johnson: Paid presenter or speaker





# 2025 Financial Disclosures

## Faculty

All relevant financial disclosures have been mitigated.

**Michael Mitry Hadeed, MD**

(This individual reported nothing to disclose); Submitted on: 06/23/2023

**Jason J Halvorson, MD, FAAOS (Winston Salem, NC)**

Submitted on: 11/28/2023

AO North America: Other financial or material support

Smith & Nephew: Paid consultant

Stryker: Paid consultant

**Langdon A Hartsock, MD, FAAOS (Charleston, SC)**

Submitted on: 10/20/2023

Orthopaedic Medical Education Grants Association: Board or committee member

**Erin L Hofer, MD (Nashville, TN)**

(This individual reported nothing to disclose); Submitted on: 09/10/2023

**Joseph R Hsu, MD, FAAOS**

Submitted on: 05/06/2024

Austin Medical: Paid consultant

Smith & Nephew: IP royalties; Paid consultant; Paid presenter or speaker

Stryker: IP royalties; Paid consultant; Paid presenter or speaker

**Madhav A Karunakar, MD, FAAOS**

Submitted on: 04/02/2024

Journal of Orthopaedic Trauma: Editorial or governing board

Orthopaedic Trauma Association: Board or committee member

Osteocentric: Stock or stock Options; Unpaid consultant

Synthes: Paid presenter or speaker

**Justin R Kauk, MD, FAAOS (Cary, NC)**

Submitted on: 10/05/2023

ROM3: Stock or stock Options

**Benjamin Kelley (Bellaire, TX)**

(This individual reported nothing to disclose); Submitted on: 10/09/2023

**Laurence Kempton, MD, FAAOS (Charlotte, NC)**

Submitted on: 05/29/2024

GLW Foot & Ankle LLC DBA / Carbon22: Stock or stock Options

GLW Trauma LLC DBA / Altior: Stock or stock Options

Orthopaedic Trauma Association: Board or committee member

**James F Kellam, MD, FAAOS, FRCSC**

Submitted on: 04/30/2024

Journal of Orthopaedic Trauma: Editorial or governing board

Osteocentric: Unpaid consultant

**Charles Michael LeCroy, MD, FAAOS (Asheville, NC)**

Submitted on: 06/12/2023

AAOS: Board or committee member

Orthopaedic Trauma Association: Board or committee member

Smith & Nephew: Paid consultant



# 2025 Financial Disclosures

## Faculty

All relevant financial disclosures have been mitigated.

**Paul Edward Matuszewski, MD, FAAOS (Lexington, KY)**

Submitted on: 01/05/2024

AAOS: Board or committee member

BONESUPPORT: Paid consultant; Research support

Limb Lengthening and Reconstruction Society: Board or committee member

Orthopaedic Trauma Association: Board or committee member

Smith & Nephew: Paid consultant; Research support

Stryker: Paid consultant; Research support

**Suman Medda, MD**

(This individual reported nothing to disclose); Submitted on: 04/03/2024

**William T. Obrebsky, MD, MPH, FAAOS (Nashville, TN)**

Submitted on: 05/23/2024

Journal of Bone and Joint Surgery - American: Editorial or governing board

Journal of Orthopaedic Trauma: Editorial or governing board

Journal of the American Academy of Orthopaedic Surgeons: Editorial or governing board

Southeastern Fracture Consortium: Board or committee member

**Christopher Parks, MD, FAAOS (Wilmington, NC)**

Submitted on: 11/28/2023

Arthrex, Inc: Paid presenter or speaker

Smith & Nephew: Paid presenter or speaker

Synthes: Paid consultant

**Kevin Daniel Phelps, MD, FAAOS (Charlotte, NC)**

(This individual reported nothing to disclose); Submitted on: 04/14/2024

**Kristoff Rewi Reid, MD, FAAOS**

Submitted on: 06/03/2024

SI-Bone: Research support

**Stacey Rothwell, PA-C (Mount Pleasant, SC)**

(This individual reported nothing to disclose); Submitted on: 02/09/2024

**Viviana Serra Lopez (New York, NY)**

Submitted on: 06/01/2024

Takeda: Stock or stock Options

**Judith Siegel, MD, FAAOS (Chapel Hill, NC)**

(This individual reported nothing to disclose); Submitted on: 03/23/2024

**Trenton Thomas Stevens, MD**

(This individual reported nothing to disclose); Submitted on: 09/19/2023

**Matthew Stillwagon, MD**

(This individual reported nothing to disclose); Submitted on: 01/18/2024



# 2025 Financial Disclosures

## Faculty

All relevant financial disclosures have been mitigated.

**Lauren Maccormick Tatman, MD (Nashville, TN)**

Submitted on: 02/09/2024

Journal of Bone and Joint Surgery - American: Editorial or governing board

**Stephanie Lewis Tanner, MS (Greenville, SC)**

(This individual reported nothing to disclose); Submitted on: 06/05/2024

**Michael Terence Talerico (Gainesville, FL)**

(This individual reported nothing to disclose); Submitted on: 04/30/2024

**Michelle Tidd, PA**

(This individual reported nothing to disclose; non-AAOS PA); Submitted on: 06/10/2024

**Michael Charles Tucker, MD, FAAOS (Columbia, SC)**

Submitted on: 09/11/2023

Southeastern Fracture Consortium (SEFC): Board or committee member

**David B Weiss, MD, FAAOS (Charlottesville, VA)**

Submitted on: 10/20/2023

AAOS: Board or committee member

Citiefe: Paid consultant

Globus Medical: IP royalties; Paid consultant

Orthofix, Inc.: Paid consultant

Orthopaedic Trauma Association: Board or committee member

Saunders/Mosby-Elsevier: Publishing royalties, financial or material support

Synthes: Paid consultant

**Seth R Yarboro, MD, FAAOS**

Submitted on: 05/13/2024

Arthrex, Inc: Paid consultant; Paid presenter or speaker

Orthopaedic Trauma Association: Board or committee member

Restor3d: Paid consultant

**Freda Yin, PA**

(This individual reported nothing to disclose; non-AAOS PA); Submitted on: 06/10/2024









Continuing Medical Education



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# **Southeastern Fracture Consortium**

Annual Symposium 2026

January 29– 31, 2026

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