

Southeastern Fracture Symposium



Educational content OTA endorsed

The Carolina Inn

211 Pittsboro

St.

Chapel Hill, North Carolina



fore
FOUNDATION for ORTHOPAEDIC
RESEARCH and EDUCATION

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Foundation for Orthopaedic Research and Education (FORE) and the Southeastern Fracture Consortium Foundation. FORE is accredited by the ACCME to provide continuing medical education for physicians.

FORE designates this live activity for a maximum of 17 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Planning Committee

Robert Ostrum, MD
UNC=CH



Local Host

Daniel Schlatterer, DO, MS
Atlanta Medical Center



Program Director

Scott Broderick, MD
Spartanburg Medical System



SEFC President

Brenda Kulp, RN, BSN, MA
SEFC Executive Director



Course Coordinator

Course Objectives:

At the conclusion of this course, the participant should be able to:

- Discuss strategies for successful fracture treatment by integrating ideas from current medical evidence and from demonstration and discussion with faculty experts. Be able explain lessons learned to peers at home institutions.
- Compare one's own decision-making and surgical techniques to current standards.
- Identify areas for change of practice after analysis of current practice as compared to course content.
- Identify resources needed to provide up to date care, including complex surgical procedures, in order to provide high quality, safe and effective care.
- Identify treatment strategies to include implants appropriate for trauma care management. Recognize instruments and implants needed to support best practice orthopaedic management.
- Participants will bridge potential knowledge gaps about orthopaedic trauma research efforts and be able to organize and design quality research projects to address clinical concerns to improve outcomes.

SEFS 2019 Invited Faculty

John Adams, MD Greenville, SC	Langdon Hartsock, MD Charleston, SC	Brent Norris, MD Tulsa, OK
Sharon Babcock, MD Winston-Salem, NC	Joe Hsu, MD Charlotte, NC	Russell Norris, MD LaCrosse, MI
Scott Broderick, MD Spartanburg, SC	Kyle Jeray, MD Greenville, SC	Kristoff Reid Charleston, SC
Jennifer Bruggers, MD Atlanta, GA	Thomas Jones, MD Columbia, SC	Thomas Schaller, MD Greenville, SC
Steve Cherney, MD Little Rock, AR	Adam Kaufman, MD Asheville, NC	Daniel Schlatterer, MD Atlanta, GA
Jarrold Dumpe, MD Macon, GA	Jim Kellam, MD Houston, TX	Mike Sridhar, MD Greenville, SC
John Floyd, C.P., MD Columbus, GA	Tom Large, MD Asheville, NC	Michael Tucker, MD Columbia, SC
Mark Gage, MD Durham, NC	Eric Moghadamian, MD Lexington, KY	David Weiss, MD Charlottesville, VA
Jason Halvorson, MD Winston-Salem, NC	Michael LeCroy, MD Asheville, NC	Seth Yarboro, MD Charlottesville, VA
Robert Harris, MD Columbus, Georgia	Steve Olson, MD Durham, NC	
	Robert Ostrum, MD Chapel Hill, NC	

Thursday, January 31, 2019

Preconference Activities:

3:00-7:30 PM – Registration Open

4:00-5:00 PM: SEFS 2020 Planning Group

5:00-6:00 PM: SEFC Board of Directors Meeting -

5:00-9:00 PM: Exhibitor Set-up

6:00-6:30 PM: SEFC General Membership Meeting - (before Research Session-same room)

6:30- 9:00PM: Speakers Upload talks with AV

7:00-9:00 PM: Poster Display Set-up

Research Session

6:30-8:30 PM: Annual SEFC Research Session- *Joe Hsu, MD, Moderator*

SEFC Member Investigators present SEFC multi-center updates and new study hypothesis

6:30- 7:30pm: Outcomes and Analysis of Active SEFC Multi-center Studies

SEFC members presenting multi-center study updates

7:30-8:30pm: New SEFC Multi-center Proposals and presentations of executive summaries.

8:30-10:00pm: Closed group session Faculty Interesting Cases

Friday, February 1, 2019

6:00-9:00 AM Registration Open

7:00-9:30 AM: Exhibits Open

6:00-7:00 AM: Poster Display Set-up

6:00-7:30 Breakfast in Exhibit Area

GENERAL SESSION: 7:30 AM- 5:00 PM

7:30-7:45 Welcome/Introductions- *Broderick/Schlatterer/Ostrum*

Session 1 7:45-10:00 Rapid Fire Case Discussions I

Moderator-*Scott Broderick*

7:45-8:00

Thomas Jones

8:00-8:15

Russell Norris

8:15-8:30

Adam Kaufman

8:30-8:45

Steve Olson

8:45-9:00

Eric Moghadamian

9:00-9:15

Langdon Hartsock

9:15-9:25 Discussion/ Q&A

Break Exhibit Hall- 9:25-9:50

Session 2 9:50-11:30 AAOS Clinical practice Guidelines (CPGs) Moderator- Langdon Hartsock

9:40-9:50	What are CPG's and why do they matter?	<i>Steve Olson</i>
9:50-10:00	Achilles tendon	<i>Kristoff Reid</i>
10:00-10:15	Distal radius fractures	<i>Thomas Jones</i>
10:15-10:30	Hip Fractures in the Elderly	<i>Eric Moghadamian</i>
10:30-10:45	Pediatric Diaphyseal Femur Fractures	<i>Jenny Bruggers</i>
10:45-11:00	Pediatric Supracondylar Humerus Fractures	<i>Jason Halvorson</i>
11:00-11:15	Symptomatic Osteoporotic Spinal Compression Fractures	<i>Sharon Babcock</i>
11:15-11:30	Venous Thromboembolic Disease: Prevention	<i>David Weiss</i>
11:30-12:00	Discussion/ Q&A	

Session 3-12:00-1:00 PM – Lunch Surgical technique videos will be shown during lunch -Bob Ostrum

Session 4 1:00-4:00 Deflate Gate, Faculty Debates

Moderator-James Kellam

1:00-1:12	Clavicle fractures should be repaired surgically	<i>John Floyd</i>
1:12-1:24	I'm old school , patients still do fine without surgery	<i>Robert Harris</i>
1:24-1:26	Rebuttal, 1 minute each	
1:26-1:30	Discussion/ Q&A	<i>All</i>
1:34-1:46	Open fractures require urgent/emergent I&D's	<i>Dan Schlatterer</i>
1:46-1:58	If you aggressively debride, then it can wait till morning	<i>Steve Cherney</i>
1:58-2:00	Rebuttal, 1 minute each	
1:58-2:04	Discussion/ Q&A	<i>All</i>
2:00-2:12	Intertrochanteric fractures, short nails are good enough	<i>Jennifer Bruggers</i>
2:12-2:24	Intertrochanteric fractures, go long or go home	<i>Kyle Jeray</i>
2:24-2:26	Rebuttal, 1 minute each	
2:26-2:30	Discussion/ Q&A	<i>All</i>
2:30-2:42	Mid shaft femur fractures, always antegrade rods/nails	<i>Brent Norris</i>
2:42-2:54	Mid shaft femur fractures, retrograde rods/nails are not the devil's work. 5 tips to avoid complications.	<i>Bob Ostrum</i>
2:54-2:56	Rebuttal, 1 minute each	
2:56-3:00	Discussion/ Q&A	<i>All</i>
3:00-3:12	Distal tibia fractures, rods work best	<i>Mike Tucker</i>
3:12-3:26	Distal tibia fractures, ORIF more anatomic	<i>Scott Broderick</i>
3:26-3:28	Rebuttal, 1 minute each	
3:28-3:32	Discussion/Q&A	<i>All</i>

3:32-3:44	Plating supracondylar femur fractures; every plate hole is an opportunity not an obligation. 5 tips for union.	<i>Seth Yarboro</i>
3:44-3:56	Supracondylar femur fractures; When and how to use a rod.	<i>Michael Lecroy</i>
3:56-3:58	Rebuttal, 1 minute each	
3:58-4:00	Discussion/ Q&A	<i>All</i>

Session 5 – 4:00-5:00 PM - Small Group Case Discussions Upper extremity cases.

Attendees may bring an interesting/challenging case on a USB jump drive to obtain faculty input as time permits. The Interesting Cases will be brief <8 slides, < 6 minutes per case.

Moderator: *Weiss case #1.* Leaders: *Adams, case #2. Broderick, case #3. Bruggers, case #4. Schaller, case #6, Cherney, case #7. Tucker, case #8. Yarboro, case #9.*

Session 6: Poster Session 5:00-6:00 PM

Saturday, February 2, 2019 -7:30-1:25 - General Session Continued

Continental Breakfast in Exhibit Area: 6:30-7:30 AM

7:30-7:45 Office Discharge: “Does anything go wrong after 1 year?” *Steve Olson*

Session 7 - 7:45-10:00 Rapid Fire Case Discussions II - Moderator: Scott Broderick

7:45-7:55		<i>Jarrod Dumpe</i>
7:55-8:05		<i>Steve Olson</i>
8:05-8:15		<i>Bob Ostrum</i>
8:15-8:25		<i>Mike Tucker</i>
9:25-9:35		<i>Robert Harris</i>
9:35-9:45		<i>Dan Schlatterer</i>
9:45-9:55	Discussion/ Q&A	

Break 10:00-10:15

Session 8 - 10:15-11:30: Small Group Case Discussions - Lower extremity cases. *(Attendees may bring an interesting case on a USB jump drive to obtain faculty input as time permits) The Interesting Cases will be brief <8 slides, < 6 minutes per case.*

Moderator-*Bruggers, case #1.* Leaders: *Broderick, case #2. Tucker, case #3. Schaller, case #4. Adams, case #5. Weiss, case #6. Cherney, case #7. Yarboro, case #8.*

Session 9-11:30- 12:25: Optimizing fracture care in the office

11:30-11:40	Follow-up after ORIF: “X-rays on every fracture?”	<i>Joe Hsu</i>
11:40-11:50	Handling all of the paper work: “Is charging per page fair and reasonable?”	<i>David Weiss</i>
11:50-12:00	When to permit driving and WBAT?	<i>Mark Gage</i>
12:00-12:10	I have been asked to appear in court: “What is my obligation?”	<i>Mike Sridhar</i>
12:10-12:25	Discussion, Q & A.	

12:25-12:35 Refreshment Break

Session 10-12:35-1:25-Optimizing fracture care in the operating room

- | | | |
|-------------|---|------------------------|
| 12:35-12:45 | Top 5 lessons I learned over the years | <i>Scott Broderick</i> |
| 12:45-12:55 | How to improve quality: "Do I educate everyone, every year?" | <i>Tom Large</i> |
| 12:55- 1:05 | Tips to reduce surgical site infections | <i>Mike Lecroy</i> |
| 1:05-1:15 | How to improve my fracture skills;
"Are cadaver courses the only way to go?" | <i>Jim Kellam</i> |
| 1:15-1:25 | Discussion/ Q&A | |
| 1:25- | Meeting adjourn. | |



SOUTHEASTERN FRACTURE SYMPOSIUM 2019 REGISTRATION FORM

Online registration at <http://sefs.org/registration>

Complete all blanks to ensure CME awarded appropriately.

Registration confirmation will be sent to email provided below. Please type or print legibly.

First Name _____ Middle _____ Last
Name _____

Degree _____ Institution
Name _____

Street
Address _____ City _____ State _____

Physicians-Non SEFC Member	\$800.00	\$900.00	_____
Physicians- SEFC Members and Speakers at SEFS 2017	\$400.00	\$500.00	_____
SEFC Officers and SEFS 2017 Planning Committee	No Fee	No Fee	-
Residents and Fellows only- (Institutional Members)	No Fee	No Fee	Hom
Residents, Fellows & Other Health Professionals	375.00	475.00	e

Phon

e _____ Office Phone _____

Mobile _____

Email address:

Circle category below and enclose appropriate payment

Before Dec. 31, 2018

After Dec. 31, 2018

For Mail in: Complete Registration Form.

Enclose with check for appropriate amount to Southeastern Fracture Consortium.

Mail to: Southeastern Fracture Consortium, PO Box 16967, Chapel Hill, NC 27516.

Check # _____ Amount: \$ _____

Refund Policy: Cancellation notifications must be in writing (email bkulp@sefs.org) and received by the close of business on January 2, 2019. A cancellation fee of \$50 will be assessed. Cancellations after January 2, 2019 will not receive a refund. No-shows will not receive a refund.

SEFC reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. SEFC will not be responsible for travel expenses incurred by the participant in the unlikely event that the program is cancelled.

Questions: Brenda H. Kulp, bkulp@sefs.org

32nd Annual Southeastern Fracture Symposium - January 31-February 2, 2019

*Southeastern Fracture Consortium
PO Box 16967
Chapel Hill, NC 27516*



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MD
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211 Pittsboro St.
Chapel Hill, NC 27514

Course Director: Dan Schlatterer,
Local Host: Bob Ostrum, MD