

# Southeastern Fracture Symposium



Educational content OTA endorsed

## The Carolina Inn

211 Pittsboro St.  
Chapel Hill, North Carolina



**fore**  
FOUNDATION for ORTHOPAEDIC  
RESEARCH and EDUCATION

### Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Foundation for Orthopaedic Research and Education (FORE) and the Southeastern Fracture Consortium Foundation. FORE is accredited by the ACCME to provide continuing medical education for physicians.

FORE designates this live activity for a maximum of 17 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Planning Committee

**Robert Ostrum, MD**  
UNC=CH



**Local Host**

**Daniel Schlatterer, DO, MS**  
Atlanta Medical Center



**Program Director**

**Scott Broderick, MD**  
Spartanburg Medical System



**SEFC President**

**Brenda H. Kulp, RN, BSN, MA**  
SEFC Executive Director



**Course Coordinator**

## Course Objectives:

At the conclusion of this course, the participant should be able to:

- Discuss strategies for successful fracture treatment by integrating ideas from current medical evidence and from demonstration and discussion with faculty experts. Be able explain lessons learned to peers at home institutions.
- Compare one's own decision-making and surgical techniques to current standards.
- Identify areas for change of practice after analysis of current practice as compared to course content.
- Identify resources needed to provide up to date care, including complex surgical procedures, in order to provide high quality, safe and effective care.
- Identify treatment strategies to include implants appropriate for trauma care management. Recognize instruments and implants needed to support best practice orthopaedic management.
- Participants will bridge potential knowledge gaps about orthopaedic trauma research efforts and be able to organize and design quality research projects to address clinical concerns to improve outcomes.

## SEFS 2019 Invited Faculty

John Adams, MD Greenville, SC	Langdon Hartsock, MD Charleston, SC	Brent Norris, MD Tulsa, OK
Sharon Babcock, MD Winston-Salem, NC	Joe Hsu, MD Charlotte, NC	Russell Norris, MD LaCrosse, MI
Scott Broderick, MD Spartanburg, SC	Shep Hurwitz, MD Chapel Hill, NC	Kristoff Reid Charleston, SC
Jennifer Bruggers, MD Atlanta, GA	Kyle Jeray, MD Greenville, SC	Daniel Schlatterer, DO Atlanta, GA
Steve Cherney, MD Little Rock, AR	Thomas Jones, MD Columbia, SC	Mike Sridhar, MD Greenville, SC
Jarrold Dumpe, MD Macon, GA	Jim Kellam, MD Houston, TX	Clay Spitler, MD Birmingham, AL
John Floyd, C.P., MD Columbus, GA	Eric Moghadamian, MD Lexington, KY	Michael Tucker, MD Columbia, SC
Mark Gage, MD Durham, NC	Michael LeCroy, MD Asheville, NC	Larry Webb, MD Macon, GA
Jason Halvorson, MD Winston-Salem, NC	Steve Olson, MD Durham, NC	David Weiss, MD Charlottesville, VA
Robert Harris, MD Columbus, Georgia	Robert Ostrum, MD Chapel Hill, NC	Seth Yarboro, MD Charlottesville, VA

## Thursday, January 31, 2019

### Preconference Activities:

3:00-7:30 PM – Registration Open

4:00-5:00 PM: SEFS 2020 Planning Group

5:00-6:00 PM: SEFC Board of Directors Meeting -

5:00-9:00 PM: Exhibitor Set-up

6:00-6:30 PM: SEFC General Membership Meeting - (*before Research Session-same room*)

6:30- 9:00PM: Speakers Upload talks with AV

7:00-9:00 PM: Poster Display Set-up

### Research Session

6:30-8:30 PM: Annual SEFC Research Session- *Joe Hsu, MD, Moderator*

*SEFC Member Investigators present SEFC multi-center updates and new study hypothesis*

6:30- 7:30pm: Outcomes and Analysis of Active SEFC Multi-center Studies

*SEFC members presenting multi-center study updates*

7:30-8:30pm: New SEFC Multi-center Proposals and presentations of executive summaries.

8:30-10:00pm: Closed group session Faculty Interesting Cases-Moderator: **Joe Hsu**

Panel: *Jim Kellam, Shep Hurwitz, Larry Webb*

## Friday, February 1, 2019

6:00-9:00 AM Registration Open

7:00-9:30 AM: Exhibits Open

6:00-7:00 AM: Poster Display Set-up

6:00-7:30 Breakfast in Exhibit Area

### GENERAL SESSION: 7:30 AM- 5:00 PM

7:30-7:45 Welcome/Introductions- *Broderick/Schlatterer/Ostrum*

Session 1 7:45-9:15 Rapid Fire Case Discussions I

**Moderator-Scott Broderick**

*Thomas Jones*

*Russell Norris*

*John Floyd*

*Steve Olson*

*Eric Moghadamian*

*Dan Schlatterer*

Break Exhibit Hall- 9:15-9:40

Session 2 9:40-12:00 AAOS Clinical practice Guidelines (CPGs) Moderator- *Langdon Hartsock*

9:40-9:50

What are CPG's and why do they matter?

*Steve Olson*

9:50-10:00	Achilles tendon	<i>Kristoff Reid</i>
10:00-10:15	Distal radius fractures	<i>Thomas Jones</i>
10:15-10:30	Hip Fractures in the Elderly	<i>Eric Moghadamian</i>
10:30-10:45	Pediatric Diaphyseal Femur Fractures	<i>Jenny Bruggers</i>
10:45-11:00	Pediatric Supracondylar Humerus Fractures	<i>Jason Halvorson</i>
11:00-11:15	Symptomatic Osteoporotic Spinal Compression Fractures	<i>Sharon Babcock</i>
11:15-11:30	Venous Thromboembolic Disease: Prevention	<i>David Weiss</i>
11:30-12:00	Discussion/ Q&A	

**Session 3-12:00-1:00 PM – Lunch Surgical technique videos will be shown during lunch -Bob Ostrum**

**Session 4-1:00-4:00 Deflate Gate, Faculty Debates-Moderator-James Kellam**

1:00-1:30	Clavicle fractures should be repaired surgically I'm old school, patients still do fine without surgery Discussion/ Q&A	<i>John Floyd</i> <i>Robert Harris</i>
1:30-2:00	Open fractures require urgent/emergent I&D's If you aggressively debride, then it can wait till morning Discussion/ Q&A	<i>Dan Schlatterer</i> <i>Steve Cherney</i>
2:00-2:30	Intertrochanteric fractures, short nails are good enough Intertrochanteric fractures, go long or go home Discussion/ Q&A	<i>Jennifer Bruggers</i> <i>Kyle Jeray</i>
2:30-3:00	Mid shaft femur fractures, always antegrade rods/nails Mid shaft femur fractures, Retrograde rods/nails- Not the devil's work- 5 tips to avoid complications. Discussion/ Q&A	<i>Brent Norris</i> <i>Bob Ostrum</i>
3:00-3:30	Distal tibia fractures, rods work best Distal tibia fractures, ORIF more anatomic Discussion/Q&A	<i>Mike Tucker</i> <i>Scott Broderick</i>
3:30-4:00	Plating supracondylar femur fractures; every plate hole- Opportunity not an obligation. 5 tips for union. Supracondylar femur fractures; When and how to use a rod. Discussion/ Q&A	<i>Seth Yarboro</i> <i>Michael Lecroy</i>

**Session 5 – 4:00-5:00 PM - Small Group Case Discussions Upper extremity cases.**

*Attendees may bring an interesting/challenging case on a USB jump drive to obtain faculty input as time permits. The Interesting Cases will be brief <8 slides, < 6 minutes per case.*

**Moderator:** Weiss case #1. **Leaders:** Adams, case #2. Broderick, case #3. Bruggers, case #4. Schaller, case #5, Cherney, case #6. Tucker, case #7. Yarboro, case #8.

**Session 6: Poster Session 5:00-6:00 PM**

**Sponsored Cocktail Hour-5:00-6:30 (not CME credits)**

## Saturday, February 2, 2019 -7:30-1:25 - General Session Continued

Continental Breakfast in Exhibit Area: 6:30-7:30 AM

7:30-7:45 Office Discharge: "Does anything go wrong after 1 year?"

Steve Olson

Session 7 - 7:45-9:45 Rapid Fire Case Discussions II - Moderator: *Scott Broderick*

*Jarrod Dumpe*

*John Floyd*

*Bob Ostrum*

*Mike Tucker*

*Robert Harris*

*Dan Schlatterer*

Break 9:45-10:15

**Session 8 – 10:15-11:30: Small Group Case Discussions - Lower extremity cases.** (*Attendees may bring an interesting case on a USB jump drive to obtain faculty input as time permits*) *The Interesting Cases will be brief <8 slides, < 6 minutes per case.*

**Moderator-**Bruggers, case #1. **Leaders:** *Broderick, case #2. Tucker, case #3. Schaller, case #4. Adams, case #5. Weiss, case #6. Cherney, case #7. Yarboro, case #8.*

**Session 9-11:30- 12:35: Optimizing fracture care in the office – Moderator James Kellam**

11:30-11:40 Follow-up after ORIF: "X-rays on every fracture?"

*Joe Hsu*

11:40-11:50 Handling all the paper work:

*David Weiss*

"Is charging per page fair and reasonable?"

11:50-12:00 When to permit driving and WBAT?

*Mark Gage*

12:00-12:10 I have been asked to appear in court:

*Mike Sridhar*

"What is my obligation?"

12:10-12:20 Diagnosing infections and nonunions: best practice.

*Clay Spitler*

12:20-12:35 Discussion, Q & A.

**12:35-12:45 Refreshment Break**

**Session 10-12:45-1:25-Optimizing fracture care in the operating room-Moderator: Larry Webb**

12:45-12:55 Top 5 lessons I learned over the years

*Scott Broderick*

12:55-1:05 How to improve quality: "Do I educate everyone, every year?"

*Russell Norris*

1:05- 1:15 Tips to reduce surgical site infections.

*Mike Lecroy*

1:15-1:25 How to improve my fracture skills-

*Jim Kellam*

"Are cadaver courses the only way to go?"

1:25-1:35 Is there a "10 second rule in the OR? Best practices for implants

*Mark Gage*

or instruments that have fallen on the OR floor"

1:35-1:45 Discussion/ Q&A



## SOUTHEASTERN FRACTURE SYMPOSIUM 2019 REGISTRATION FORM

**Online registration at <http://sefs.org/registration>**

*Complete all blanks to ensure CME awarded appropriately.*

*Registration confirmation will be sent to email provided below. Please type or print legibly.*

First Name \_\_\_\_\_ Middle \_\_\_\_\_ Last Name \_\_\_\_\_

Degree \_\_\_\_\_ Institution Name \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Home Phone \_\_\_\_\_ Office Phone \_\_\_\_\_ Mobile \_\_\_\_\_

Email address: \_\_\_\_\_

Physicians-Non SEFC Member	<b>\$800.00</b>	<b>\$900.00</b>
Physicians- SEFC Members and Speakers at SEFS 2017	<b>\$400.00</b>	<b>\$500.00</b>
SEFC Officers and SEFS 2017 Planning Committee	<b>No Fee</b>	<b>No Fee</b>
Residents and Fellows only- (Institutional Members)	<b>No Fee</b>	<b>No Fee</b>
Residents, Fellows & Other Health Professionals	<b>375.00</b>	<b>475.00</b>

*Circle appropriate category below*

*and enclose appropriate payment*

*Before Dec. 31, 2018*

*After Dec. 31, 2018*

**For Mail in: Complete Registration Form.**

**Enclose with check for appropriate amount to Southeastern Fracture Consortium.**

**Mail to: Southeastern Fracture Consortium, PO Box 16967, Chapel Hill, NC 27516.**

**Check # \_\_\_\_\_ Amount: \$ \_\_\_\_\_**

**Refund Policy:** Cancellation notifications must be in writing (email [bkulp@sefs.org](mailto:bkulp@sefs.org)) and received by the close of business on January 2, 2019. A cancellation fee of \$50 will be assessed. Cancellations after January 2, 2019 will not receive a refund. No-shows will not receive a refund.

SEFC reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. SEFC will not be responsible for travel expenses incurred by the participant in the unlikely event that the program is cancelled.

Questions: Brenda H. Kulp, [bkulp@sefs.org](mailto:bkulp@sefs.org)

*32<sup>d</sup> Annual Southeastern Fracture Symposium - January 31-February 2, 2019*

*Southeastern Fracture Consortium  
PO Box 16967  
Chapel Hill, NC 27516*



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