Southeastern Fracture Symposium 2016 Annual Meeting
January 28-30, 2016
Washington Duke Inn, Durham, NC

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Foundation for Orthopaedic Research & Education (FORE) and The Southeastern Fracture Consortium. The Foundation for Orthopaedic Research & Education (FORE) is accredited by the ACCME to provide continuing medical education for physicians. Foundation for Orthopaedic Research and Education designates this live activity for a maximum of 28 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

SEFC Members Research Session-Thursday, January 28, 2016
General Session-January 29-30, 2016
Poster Session- Submitted by Residents and fellows

Early registration: Post-marked by January 1, 2016 (Hard copy registration form back page)
Check written to Southeastern Fracture Consortium, Mail to: SEFC PO Box 16967, Chapel Hill, NC 27516

Questions: Brenda Kulp, Executive Director, bkulp@sefs.org
Hotel Reservations

Reservations Washington Duke Hotel made by December 28 may reserve at the SEFC (SEFS 2016) block rate. Phone Reservations: Call Washington Duke at 919-490-0999 or 1-800-443-3853 to make reservations by phone; use group code 500723 when making reservations by phone.

Online reservations link: https://bookings.ihotelier.com/bookings.jsp?groupID=1467688&hotelID=11999

SEFS 2016 Planning Committee/Course Directors/SEFC Board of Directors

SEFC Core Missions

1) Sponsor an annual CME accredited Trauma Education event targeted to meeting the needs of the Orthopaedic Surgeon in community practice who is managing patients with musculoskeletal injuries.
2) Sponsor an annual think tank dedicated to clinical research in the care of patients with musculoskeletal injury, with an emphasis on identification of topics that are best suited to investigation with multi-center retrospective or prospective cohort studies.
3) Through these activities SEFC achieves the goals of:
   1) Developing camaraderie among professional colleagues among the membership of the organization
   2) Establishing a group of orthopaedic surgeon’s interested in participating as faculty in the annual SEFS educational event
   3) Providing a venue to discuss and refine clinical research proposals; to facilitate opportunity for members to become PI on projects, and serve as a conduit for a PI to connect with multiple institutions to participate in such projects
   4) Creating an environment to exchange ideas and interact to result in mentoring and education of orthopaedic surgeons interested in clinical research or other professional development.
SEFS 2016 Target Audience: Orthopaedists, Residents, Fellows, Nurses, PAs, Nurses, OT, PT, OR Technicians, Study Coordinators

Course Objectives:

At the conclusion of this course, the participant should be better able to:

1. Discuss critically strategies for improving and differentiating those strategies for successful outcomes integrating ideas from evidence and demonstration from experts in the field and explain lessons learned to peers at home institutions.

2. Compare their own decision-making and surgical techniques to new standards developed by identification areas for change relating this analysis to practice improvement.

3. Identify resources, arrange to set-up surgical procedures to support a treatment plan and compute a construct for more effective management of an unusual injury pattern and thus reduce complications.

4. Identify implants appropriate for trauma care management. Recognize tools of repair to support best practice orthopaedic management.

5. Practice utilization of implants to support orthopaedic trauma positive patient outcomes, return to maximum restorative potential.

6. Participants will bridge the gap of misunderstandings and misinformation about research efforts and be able to organize and design quality research projects to address real provider of care concerns and for best outcomes.

7. Self-Assessment Examination (SAE) will provide participant knowledge gaps and promote better post-conference results, optimal care, best outcomes and best practice for orthopaedic patients affected by traumatic injury.

SEFS 2016 FACULTY

The Faculty/Presenters and Planning Committee for SEFS 2016 have been required to disclose all relevant financial relationships with any commercial interest and any conflicts of interest have been resolved prior to this educational activity. Relevant financial relationships, or the lack of such relationships, are disclosed to learners prior to the beginning of the educational activity.

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SEFC President Elect 2017
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Marietta, GA

Lisa K. Cannada, MD, Conference Director
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Department of Orthopaedic Surgery
St. Louis, MO

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Director of Orthopaedic Trauma, Wake Forest Health
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Will Eward, DVM MD
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Durham, NC

Melissa Erickson, MD
Hampton, VA

John Floyd, MD
Hughston Clinic
Columbus, GA

Jason Halvorson, MD
Wake University Health
Winston-Salem, NC

Langdon Hartsoc, MD, SEFC President
Medical University of South Carolina
Charleston, SC

Joseph Hsu, MD
Carolinas Medical Center
Charlotte, NC
Participants will have access to downloadable PDF of faculty presentations on www.sefs.org as provided by individual speakers.

Agenda updates are online at www.sefs.org in PDF for view and/or download.
Southeastern Fracture Symposium 2016
Preliminary Conference Agenda
January 28, 2016- January 30, 2016

Self-Assessment Examination offered - 10 *AMA PRA Category 1 Credits™*. ABOS approved scored and recorded examination (SAE) credits towards MOC. *Link provided after registration.*

**Annual SEFC Research Session- 7:00-11:00PM - Joe Hsu, MD, Moderator**
For Members presenting SEFC multi-center updates and new study hypothesis, *Maximum 4 AMA PRA Category 1 Credits™*

7:00- 9:00pm: Outcomes and Analysis of Active SEFC Multi-center Studies – SEFC members presenting multi-center study updates email Progress reports to bkulp@sefs.org by January 20, 2016. Forms downloadable at sefs.org.

9:00-11:00pm: New SEFC Multi-center Proposals- SEFC members presenting new studies email Executive Summary to bkulp@sefs.org by January 20, 2016. Forms downloadable at sefs.org.

**General Session, January 29-30, 2016**

General Session for all participants: - Maximum 14 *AMA PRA Category 1 Credits™*

**Friday, January 29, 2016**

Continental Breakfast 6:30-8:00am

Welcome and Introductions:  7:45-8:00am- Lisa Cannada

Session 1:
Making it Through the Night: What Should I do-Robert Hymes, Moderator
8:00-8:15 The Open Tibia Fracture- Langdon Hartsock
8:15-8:30 The Displaced Femoral Neck Fracture in a Patient under 50–Steve Olson
8:30-8:45 Compartment Syndrome-Joseph Hsu
8:45-9:00 Knee Dislocations-William Obremskey
9:00-9:20 Questions and Answers

Session 2: 9:20-10:20
Panel Discussion: Bob Zura, Moderator
The Ankle Fracture with Syndesmosis Injury: Not Simple after All Topics: Should We Open? Seth Yarboro
Is the Tightrope the Answer? Thomas Jones
Getting the Reduction Right –Samuel Adams
The Results of Syndesmosis Malreduction- Bob Zura

Break 10:20-10:45

Session 3: 10:45-12:15
Case Presentations: Posterior to the Tibia (Plateau, Posterior Malleolus, Bone Grafting) Lisa Cannada.
Format: All participants in the main room, small groups of round tables 10 each with a faculty member at each with each table going through the same cases

Session 4: 12:15-13:30
Lunch and Panel Discussion:After the Fixation...Anna Miller, Moderator
Scapula to Wrist Fractures: Weight Bearing on the Upper Extremity?-Dan Dsiadosz
Hip to Ankle Fractures: Weight Bearing on the Lower Extremity?-Eric Moghadamian
What to Do When Things Go Wrong?-Hip- Anna Miller
What to do when Things Go Wrong? Proximal Humerus- Jason Halvorson
Session 5: 13:30-14:40
UPPER EXTREMITY—Evidence based discussion of common fractures: Michael LeCroy, Moderator

13:30-13:40 – Clavicle-Plate, Nail or Sling?  Michael LeCroy
13:40-13:55 – Proximal Humerus- Plate, Nail or Sling? Adam Kauffman
13:55-14:10 - Humeral Shaft-Plate, Nail or Brace? Dan Dziadosz
14:10-14:25 – Distal Radius- Plate, Pins or Cast? Kristoff Reid
14:25-14:40 Questions and Answers

Session 6: 14:40-16:10- Cadaver Dissection Demo:  Dave Weiss, Mike Tucker, Thomas Jones (Moderators)
Will poll the registrants with list of approaches to choose from. Use video link to show dissection on screen- will have presentation of relevant case on 2nd screen with x-rays showing fixation and key points on implant placement with interactive discussion to highlight relevant anatomy on cadaver. Small group leaders at table can participate, ask questions or facilitate questions with the disectors.

16:10- General Session Adjourns

16:10-18:10 Poster Tour with Happy Hour – Larry Webb, Bill Obremskey

Poster Session: Residents/Fellows invited to Submit and Present at Poster Session
Deadline for submission: November 20, 2015- Instructions on www.sefs.org
Registrants invited to submit technical tricks with voting and highlight of best trick at Lunch Saturday(form at www.sefs.org)

Saturday, January 31, 2016

Continental Breakfast 6:30-8:00am

General Session: 7:55-8:00 Welcome, Announcements-Lisa Cannada

Session 7: 8:00-9:30 am – Hot Topics- David Weiss-Moderator

8:00-8:15 The Case for the DHS for IT Fractures-Jesse Seamon
8:15-8:30 Why IT Fractures Should be Nailed- Dan Chan
8:30-8:45 Percutaneous Fixation for Calcaneus Fractures: Really? John Floyd
8:45-9:00 Is RTSA overused in the Elderly? Making Sense of the Literature-Ganesh Kamath, MD
9:00-9:15 Is there ever a role for TBW in the Olecranon Now? David Weiss
9:15-9:30 Questions and Answers

Session 8: Case Presentations 9:30-11:00
(Upper Extremity-Proximal Humerus Fractures/Elbow fractures, Langdon Hartsock, Moderator
Main room, small groups of round tables 10 each with a faculty member at each with each table going through the same cases

Break: 11:00-11:25

Session 9: Lower Extremity 11:25-12:45 Robert Ostrum, Moderator

11:25-11:40 Patella Fractures: Can I just Take out the Fracture and Throw it Away? - Jenny Bruggers
11:40-11:55 Soft Tissue Management; From the Elderly Thin Skin Open Ankle to the Mangled Extremity-Larry Webb
11:55-12:10 Managing The Patient with Post Traumatic Arthritis After Ankle and Pilon Fractures- Robert Ostrum
12:10-12:25 The Latest in the Periprosthetic Distal Femur Fracture and Interprosthetic Fractures - Russell Norris
12:25-12:45 Questions and Answers

Session 10: 12:45-14:00- Lunch and Panel Discussion
The Problem of Brittle Bone: Not Just in the Elderly: Steve Olson, Moderator
The Young Patient with Poor Bone Quality: Why and How to Manage-Kyle Jeray
Pathologic Fractures-Will Eward, MD
Who is Responsible for Bone Health on Discharge after the Insufficiency Fracture? Kenneth W. Lyles, M.D

Session11: Keeping Up With the Times 14:00-15:20-Scott Broderick-Moderator

14:00-14:15 Understanding the AAOS Clinical Practice Guidelines on Pediatric SC Humerus Fracture- Aki Puryear
14:15-14:30 Social Media and the Orthopaedic Surgeon-Melissa Erickson
14:30-14:45 Advocacy: Why Should I care?-Doug Lundy
14:45-15:00 MOC Update-Shep Hurwitz
15:00-15:15 Top Coding Tips in Fracture Care-Scott Broderick
15:15-15:30 Questions and Answers
15:30 Conference Adjourn, Post conference evaluation process.
REGISTRATION SOUTHEASTERN FRACTURE SYMPOSIUM 2016

All blanks are required to be completed to ensure CME awarded appropriately and for CME provider documentation. Please print legibly or type.

First Name__________________ Middle __________ Last Name__________________________

Degree___________ Institution Name_____________________________________________________

Street Address_____________________ City____________________ State______________

Home Phone______________ Office Phone____________ Mobile_____________________

Email address: ____________________________________________________________

Registration confirmation will be sent to email provided above. Must be legible.

Circle your participant category below

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<th>Registration Fee Postmarked after January 1, 2016</th>
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<td>SEFC Individual Member</td>
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<td>Industry Professional (attending General session for CME credits)</td>
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<td>Self-Assessment Examination, scored and recorded (SAE)-10 MOC credit</td>
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Session 6-Cadaver Lab Approaches (Choose 1-6, in the order of preference for you) - included in General Session Registration Fee

________ Deltoid Splitting
________ Posterior to Humerus-Triceps Splitting versus Sparing
________ Anterior to Humerus
________ Posterior to Elbow for distal Humerus-Olecranon Osteotomy
________ Medial to Elbow for traumatic instability
________ Volar to Forearm

TOTAL________________________ Check # enclosed_____________________

*If institutional issued check, please identify participant on check, memo SEFS 2016*

Payment by Check: Payable to: Southeastern Fracture Consortium

(Payment must accompany completed registration form)

Mail to: Southeastern Fracture Consortium
        PO Box 16967
        Chapel Hill, NC 27514

Cancellation prior to January 10, full refund.
Cancellation on January 10 and before January 25, 70% refund.
Cancellation on or after January 25, no refund.